

Allergy Resources



American
College
of Allergy, Asthma
& Immunology

Drug Allergies

While you may not experience allergic symptoms the first time you take a drug, your body could be producing antibodies to it. As a result, your immune system may see it as an invader, and you'll develop symptoms as your body releases chemicals to defend against it.



Nasal Polyps

Chronic rhinosinusitis with nasal polyps is a condition that can cause frustrating symptoms, from sinus pain and nose stuffiness to loss of smell. Nasal polyps are growths in the nose or sinuses. They are not cancerous, but they can make you miserable and interfere with your quality of life.



Eosinophilic Esophagitis

Eosinophilic Esophagitis (EoE) is increasingly recognized as a major cause of swallowing difficulties in children and adults. It causes your immune system to overreact, prompting a large number of white blood cells called eosinophils to collect in your esophagus.



Pet Allergies

If your nose runs, your eyes water or you start sneezing and wheezing after petting or playing with a dog or cat, you likely have a pet allergy.



Eye Allergy

Symptoms for eye allergies (allergic conjunctivitis) can occur independently but usually accompany the sneezing, sniffing or stuffy nose related to nasal allergies. Symptoms include itching, redness, burning, and clear, watery discharge.



Pollen Allergies

Pollens and molds can cause allergy and asthma symptoms, and you need to know what you're allergic to so you can best treat your symptoms.



Food Allergies

Food allergy symptoms are most common in babies and children, but they can appear at any age. You can even develop an allergy to foods you have eaten for years with no problems.



Seasonal Allergies

Seasonal allergies, like other types of allergies, develop when the body's immune system overreacts to something in the environment, usually during spring, summer or fall when certain plants pollinate.



Insect Sting Allergies

Stings from five insects - honeybees, hornets, wasps, yellow jackets and fire ants - are known to cause allergic reactions to the venom injected into the skin.



Skin Allergy

Red, bumpy, itchy skin can be irritating, painful and embarrassing. Rashes can be caused by many things, including exposure to certain plants (poison ivy, for example), allergic reactions to a medication or a food.



Asthma Resources



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Adult-onset Asthma

It can be frustrating to develop asthma for the first time as an adult. Fortunately, an allergist can help you manage your condition and live the life you want.



Asthma in Children

If asthma isn't well-controlled, children may need to go to the emergency department or be hospitalized. That can be scary for both children and parents.



Asthma Attack

During an asthma attack, the muscles that surround the bronchial tubes constrict, narrowing the air passages and making it extremely difficult to breathe. Other common symptoms are wheezing and a rattling sound in the chest.



Asthma Symptoms

The most common signs of asthma are: coughing, difficulty breathing, chest tightness, shortness of breath and wheezing (a whistling or squeaky sound in your chest when breathing, especially when exhaling).



Asthma-COPD Overlap

Asthma-COPD Overlap Syndrome is when you have both diseases. Each condition must be treated.



Exercise-induced Asthma

Exercise-Induced asthma develops when airways narrow because of physical activity.



Asthma Cough

There is a form of asthma in which the only symptom is a chronic cough. Successful treatment requires prescription asthma medication, often in the form of inhalers.



Medication

Today, there are many effective medicines to treat asthma. There are two main kinds of medications: quick relief and long term.



Asthma Facts

Asthma is a chronic inflammation of the lung airways that causes coughing, chest tightness, wheezing or shortness of breath.



Non-allergic Asthma

Illnesses, medications and environmental factors are common triggers for nonallergic asthma.

